



## Forestville Park **TENNIS ACADEMY**

### WHY FPTA?

Thank you for considering the Forestville Park Tennis Academy (FPTA) as the academy to train your child in the wonderful lifelong skill of tennis.

We are a boutique tennis academy committed to developing each player to their full potential.

Here are some of the features which make us stand out from other tennis coaching organisations:

#### **Our Results**

We are privileged to work with some of Australia's finest senior and junior tennis players. In the last 15 years our players have made the semi finals at Wimbledon, been ranked in the top 50 in the world on the WTA tour and won 3 national junior championships both boys and girls. 2007 saw us train 2 world champions and one world number one senior player. Already in 2008 we have trained the women's over 40's national singles and doubles champion as well as the number 1 ranked and national champion in the girls 14's.

#### **The FPTA Clinic and Squad System**

The FPTA clinic and squad system is a unique and highly productive training vehicle tested and proven over the last 35 years. Each clinic rotates between 3 complimentary stations building skills from week to week. Each skill is then repeated but de-emphasized in subsequent weeks. Advanced skills are acquired and put into practice as students progress to squad training. This provides continuity which is vital in establishing new skills.

#### **Everyone Receives Top Level Coaching**

We teach everyone the same way, and we mean everyone. We do not believe in different beginner, intermediate and advanced curriculums. Whether we are working with former Australian No. 1 Kristine Radford, or a 6 year old beginner, we apply exactly the same principles. We teach your child the right way from the very beginning.

With skilful teaching and the use of progressional instruction, even very young kids can learn the same technique as our world champions. It doesn't have to be complicated! The base is rhythm-timing-balance. We apply that principle across the board. Children are taught a highly successful, complete, and proven system.

#### **Small Class Sizes**

We have small structured classes with a maximum of 4 to 6 students per coach - any more and the learning environment suffers.

#### **We Get the Balance Right!**

To have a meaningful tennis program 3 distinct areas must be addressed:

- A** *quality tuition from an expert*
- B** *competitive and skill based drills to practicalize training*
- C** *regular matchplay to apply newly acquired skills*

Our 2 hour squads provide exactly that. Beginners move into the 2 hour program as they become capable of elementary setplay. We have a progression but we retain the flexibility to be mindful of age and other social factors when putting kids in groups - we want everybody to be comfortable and to have fun.

To find out more information about FPTA or to enrol for tennis tuition, please see our website at [www.fpta.com.au](http://www.fpta.com.au) or contact Mark Nissen on 0403 196 355 and Peter Betteridge on 0408 446 390.

FPTA: Cnr Lanford and Melwood Avenues, Forestville

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